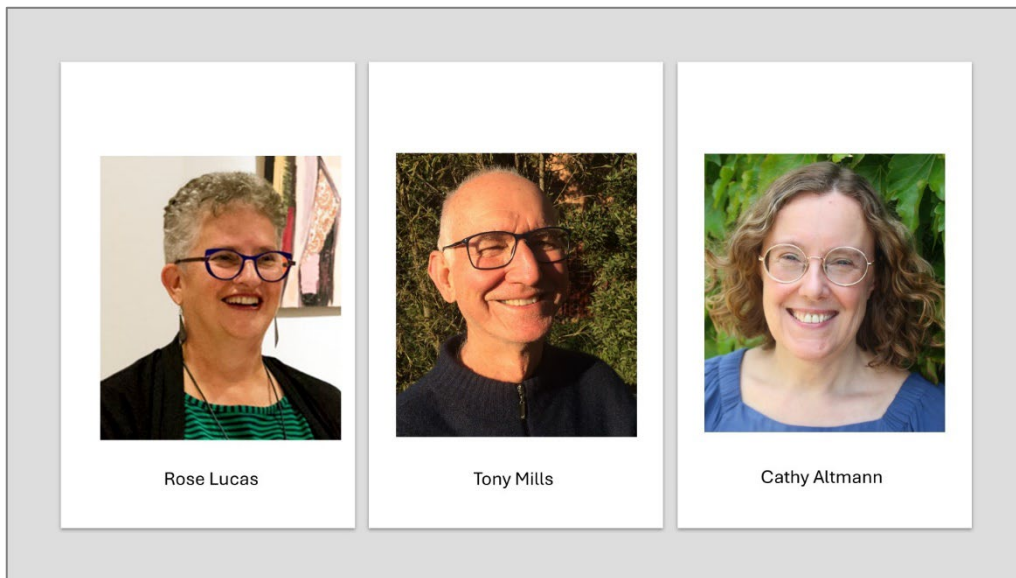


ZOOM POETRY READING

The Art of Close Attention: Poetry and Contemplation

Wednesday 28 August 2024, 8.00-9.00pm AEST



Poetry – like meditation or prayer – is a form of paying close attention, of listening deeply in a way that allows for a flow between inner and outer, observer and observed.

Join poets and meditators Rose Lucas, Tony Mills and Cathy Altmann as they explore the confluences of poetry and contemplative practice and read from their recent books: *Remarkable as Breathing* (Liquid Amber Press 2024), *Miracle of Days* (Ginninderra 2022) and *Stars Like Salt* (Liquid Amber Press 2024).

Come to listen, enjoy and reflect.

FREE, BUT YOU NEED TO BOOK YOUR TICKET

<https://liquidamberpress.com.au/events/>

Rose Lucas is a poet in Naarm, an academic at Victoria University and founding editor at Liquid Amber Press. She is the author of 5 poetry collections. Rose's most recent book *Remarkable as Breathing* (Liquid Amber Press, 2024) is dedicated to the Compassionate Ocean Sangha in the Plum Village tradition.

Tony Mills lives in the southern highlands of NSW. He spent most of his working life as a public health worker in the area of physical and mental health well-being. He now volunteers as a hospital chaplain. He has had a number of poems published in journals and his book *Miracle of Days* from Ginninderra Press was published in 2022. Tony is a dharma teacher in the Plum Village tradition.

Cathy Altmann's first collection, *Circumnavigation* (Poetica Christi Press, 2014), won the FAW Anne Elder Award. Her second collection, *things we know without naming* (Poetica Christi Press), was published in 2018 and her most recent book is *Stars Like Salt* (Liquid Amber Press, 2024). Her poems have appeared in journals, anthologies and on Melbourne trains. She holds a Masters in Creative Writing on poetry and cancer, and teaches English and Latin. Cathy practises in the Christian faith.

